Vote Dori

For Equal Opportunities and Welfare Officer

I'm a first-year Maths student, and I would love to be your equal ops & Welfare Officer. I know that a Maths degree can be very stressful and overwhelming, That's why I want to be a **friendly face** you can turn to whenever you need support even if it's just a chat.



Why Me?

- 1. I am a great listener and am non-judgemental.
- 2. I have previous volunteering **experience** in teaching blind children and at a hospital. The experience gave me a wider perspective on life and the importance of your health and wellbeing.
- 3.I am highly efficient and reliable and will plan events in advance and get things done ASAP.

<u>I will</u>

- 1. Post resources and advice about mental health wellbeing on Instagram and be a **safe space** so you can talk to me about absolutely anything.
- 2. Assist the VP to ensure the mentorship scheme is effective and encourage active communication between mentors and mentees.
- 3. Continue the success of Ada Lovelace day and provide loads of snacks!
- 4. Aim to schedule Coffee and Cake so it doesn't clash with lectures so everyone can come and enjoy **FREE FOOD**
- 5. Send out **weekly google forms** so you can request your favourite snacks!
- 6. **Introduce** fun activities to de-stress such as arts and crafts, nature walks and inviting Rolf the campus cat to visit.